

BEAUTY INDUSTRY CONFESSIONS BINGO

BEAUTY PROFESSIONAL EDITION

B	I	N	G	O
Played therapist by accident	Heard the latest relationship tea	Felt drained after a client	Protected your energy	Worked while exhausted
Client cried during service	Gave advice while working	Ran behind due to client venting	Needed silence after work	Boosted someone's confidence
Took work stress home	Overbooked to fit in a client who 'had' to get serviced	PROTECT MY PEACE SPACE	Heard "you are the only one I tell"	Felt pressure to cheer client up
Needed a mental health day	Balanced your own emotions	Had to set boundaries	Got attached to clients	Smiled through a hard day
Absorbed client energy	Needed a reset after a client	Supported a breakup	Created a safe space	Forgot to care for yourself